

## United Mitochondrial Disease Foundation Heartstrings Award Recognizing a youth commitment that tugs on the heartstrings

**Purpose:** To recognize a child or teen who has donated or raised funds for the UMDF, enabling the UMDF to continue its mission.

**Eligibility:** The individual recognized must be under 18 years of age at the time of the donation or fundraising activity.

**Criteria:** The winner is chosen based on related criteria of age, time invested, talents demonstrated, effectiveness, and generosity. For nominees who implement fundraising projects, the judges will consider the uniqueness and creativity of the project, communication, time invested, and the amount raised in comparison to the age of the individual. For nominees who donate funds, the judges will consider the generous spirit shown, communication, and amount donated in relation to the age of the individual.

**Instructions:** Any UMDF member can nominate an individual for this award. Fill out the form below and attach the requested information. The UMDF will announce the winner at the annual symposium and will present the winner with a plaque. The Heartstrings Award winner will be featured on the UMDF website and recognized in the UMDF newsletter.

In 100 words or less, please explain how this individual has "tugged at your heartstrings" through fundraising for or donating to the UMDF. Identify important features of the nominee's activity, such as the time invested, creativity, communication skills, determination, effectiveness, and generosity. You may also attach supporting information on the fundraising project (published articles, pictures, comments from others involved with or participating in the project) or the communications of the nominee (letter explaining intended use of the gifted funds, thank you letters, letters sent with the donation, and so forth).

Nominations may be submitted online at: [www.surveymonkey.com/s/Heartstrings2012](http://www.surveymonkey.com/s/Heartstrings2012) or type your essay and attach it to the nomination form.

Mail the nomination by April 15, 2012 to:  
United Mitochondrial Disease Foundation  
Attn: Heartstrings Award  
8085 Saltsburg Road, Suite 201  
Pittsburgh, PA 15239

Or fax to 412-793-6477 or e-mail the nomination by April 15, 2012 to [info@umdf.org](mailto:info@umdf.org).

### Person Nominating

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

### Nominee for the Award

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Diagnosis (if known): \_\_\_\_\_

Age (must be less than 18 years old at time of donation or event): \_\_\_\_\_