

## What Is A United Mitochondrial Disease Foundation Ambassador?

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There are two major roles for Ambassadors – **Support Ambassador** and **Support Meeting Ambassador**. You are welcome to serve in one or both roles.

As a **Support Ambassador** for the UMDF, you are a support liaison for The United Mitochondrial Disease Foundation. Based on your Agreement Form, the UMDF will connect you with patients and families. You will provide them with information and resources that have been helpful to you in your journey and offer a sympathetic ear for people seeking support.

As a **Support Meeting Ambassador**, you are a local connection to your community interested in holding support group meetings for those affected by mitochondrial disease. The focus of the meetings could include offering support, education on mitochondrial disorders, and/or living with a mitochondrial disorder. You may also host activities that help provide support by bringing families together in a social setting.

Upholding the UMDF Mission and serving as a strong advocate of the UMDF is vital in either of the above roles: *to promote research and education for the diagnosis, treatment and cure of mitochondrial disorders and to provide support to affected individuals and families.*

**Ambassadors must renew their commitment annually in order to remain an active UMDF representative.**

**NOTE:** The UMDF will review your role on a regular basis and make sure it is a good fit for you. The Ambassador or the UMDF may choose not to renew the relationship at either party's discretion.

### The United Mitochondrial Disease Foundation's Role

- Forward support requests and/or support group meeting interests received through the national office and regional coordinators.
- Provide assistance for any inquiries and/or meetings issues with which you are uncomfortable for any reason.
- For those running or hosting meetings/activities, UMDF will promote the meetings through e-blasts and the UMDF calendar ([www.umdf.org/calendar](http://www.umdf.org/calendar)).
- Provide printed materials for education and awareness promotions.

### The Ambassador Role

- As a Support Ambassador, respond to support requests forwarded from the national office within 72 hours or notify national that you are not currently available.
- Hold at least one meeting and/or activity within the year you are serving as Support Meeting Ambassador
- Maintain communication with the UMDF National Office.