



# MITO-TRAVEL GUIDE

## TIPS FOR TRAVELING WITH MITO

### MANAGING CARE NEEDS

- Let your provider know you'll be traveling.
- Travel with a physician's letter explaining your condition and your required medication and equipment.
- Consider wearing a medical bracelet to inform healthcare workers in an emergency.
- Travel with someone who knows your medical history.



### PACKING LIST

- Essential equipment
- Equipment chargers and spare batteries
- Electrolyte drinks and snacks
- Warm layers
- Assorted rescue meds
- Cleaning wipes
- Medication (pack an extra week supply)

### FOR FLYERS

- Contact your airline with questions.
- Communicate with a TSA officer about your needs. Provide medical documentation and equipment.
- Contact TSA Cares for assistance: (855) 787-2227.



**For more tips and a detailed packing list, scan this code.**

